Recipe and Gift Tag
Created by
The Healthy Milestone
thehealthymilestone.com

Apple
Oatmeal
Coffee
Cake

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Apple Oatmeal Coffee Cake

Apple Oatmeal Coffee Cake

Makes 1 8x8 coffee cake

1 Apple Oatmeal Coffee Cake
Mix
1/4 c 0% Greek yogurt
1/4 cup applesauce,
unsweetened
1/2 c egg whites
1 teas. Vanilla
1 1/2 cups diced, apple
(peeled and cored)
1/4 c chopped walnuts

Preheat oven to 325°. Place coffee cake mix in a medium bowl. Add yogurt, apple-sauce, egg whites and vanilla, stir well.

Fold in diced apple and walnuts, stir well. Spread into an 8 x 8 inch cake pan. Bake for 40-45 minutes, until a cake tester comes out clean. Cool and cut into 8 servings.

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